



Vegan: High Protein Vegan Cookbook-Vegan Diet-Gluten Free & Dairy Free Recipes (Slow cooker,crockpot,Cast Iron) (vegan,vegan diet,vegan slowcooker,high ... free,dairy free,low carb)

Jack Green

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High Protein Vegan Cookbook-Gluten Free-Dairy Free-Budget Friendly

Download Your Copy TODAY For The Price Of Coffee

This book offers many unique recipes for the vegan lifestyle, the best part is they are all GLUTEN FREE. The directions are easy to understand and apply, nothing difficult to comprehend when making these delicious meals.

Here's a glimpse of the recipes:

pistachio-cruste tofu

chili-quinoa

white & black bean quinoa salad

tofu with coconut peanut sauce

lentil coconut curry & cauliflower

buckwheat salad & toasted almonds

grilled vegetables on bean mash

tomato quinoa

spinach scramble & vegan tofu

cilantro pesto & red pepper coulis with tofu

easy/quick gluten free /vegan protein bars

tofu steaks with chickpea bean egg & quinoa sushi

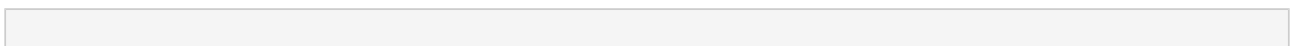
mexican chickpea salad

& MUCH MORE

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