



# The Thomas Keating Reader: Selected Writings from the *Contemplative Outreach* Newsletter

*Thomas Keating*

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For a quarter of a century, Trappist monk Fr. Thomas Keating has been contributing articles on Centering Prayer—the contemporary manifestation of the ancient Christian contemplative tradition—to the newsletter of Contemplative Outreach, the organization that he helped establish to promote this tradition.

*The Thomas Keating Reader* gathers for the first time thirty of those articles (some never published elsewhere) to offer a valuable overview of some of the main strands of Fr. Thomas' thinking and practice on Centering Prayer, *Lectio Divina*, and interreligious dialogue. Rich with insight and humanity, *The Thomas Keating Reader* offers a broad introduction to the concepts that have animated Contemplative Outreach and reveals the gifts and challenges of the practice of the spiritual life.

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Precisely why? Because this *The Thomas Keating Reader: Selected Writings from the Contemplative Outreach Newsletter* is an unordinary book that the inside of the guide waiting for you to snap the item but latter it will zap you with the secret the item inside. Reading this book close to it was fantastic author who write the book in such remarkable way makes the content on the inside easier to understand, entertaining approach but still convey the meaning fully. So , it is good for you because of not hesitating having this ever again or you going to regret it. This unique book will give you a lot of rewards than the other book include such as help improving your ability and your critical thinking means. So , still want to hesitate having that book? If I had been you I will go to the book store hurriedly.

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