



# **Random Kindness Box Set (4 in 1): Your Guide to Feeling Good, Understanding People, Staying Positive and Kind and Being Happy (Loving Beyond & Compassion)**

*Annette Marsh, Sherry Morgan, Mildred Hopkins*

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## **Random Kindness Box Set (4 in 1)**

### **Book One: Acts of Random Kindness: Spread Love and Happiness With Good Deeds in 100 Days**

#### **In this book you will learn:**

- The many types of acts of kindness from the very simple to the large.
- How many of these acts require nothing more than a bit of time, no money needed.
- How to move to some of the larger scale acts and help more people at once.
- How these actions will help you in the process.

### **Book Two: How to Feel Good: Your Own Mood Therapy Guide to Feeling and Being Happy**

#### **Inside you will learn:**

- How to approach happiness
- What are the obstacles that get in the way of happiness
- How to establish a healthy routine
- What are the benefits of being happy
- The relationship between home and happiness

- Tips to make your home feel like home
- How to be happy at your workplace
- How to increase productivity
- And much more

## **Book Three: Love Beyond Kindness: Understanding Love in Others and Achieving Happiness and Fulfillment**

### **This book will help you:**

- Understand the difference between the concepts of love and kindness.
- Learn what self-less love is all about
- Know the benefits of unconditional love.
- Discover how self-less love and kindness can help a person achieve happiness and fulfillment in life and in their relationships with others.
- Find out more about how to show love and kindness to others.

## **Book Four: Coping with the Difficult People in Your Life: Tips to Positively React to Their Irritating Behavior**

### **Here is a preview of what you can learn from this book:**

- What Are the Most Common Types of Difficult People
- How To Identify Each Type And What Makes Them So Obnoxious
- How To Maintain Your Composure When Dealing With Them
- How To Improve the Situation Through Communication
- How To Avoid Conflict
- Who Are the People You Shouldn't Bother With
- Whether or Not You Are a Difficult Person

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**From reader reviews:**

**Jamie Arellano:**

Now a day folks who Living in the era everywhere everything reachable by match the internet and the resources inside can be true or not call for people to be aware of each info they get. How many people to be smart in acquiring any information nowadays? Of course the reply is reading a book. Looking at a book can help folks out of this uncertainty Information especially this Random Kindness Box Set (4 in 1): Your Guide to Feeling Good, Understanding People, Staying Positive and Kind and Being Happy (Loving Beyond & Compassion) book because this book offers you rich data and knowledge. Of course the knowledge in this book hundred percent guarantees there is no doubt in it you know.

**Dorothy Jaramillo:**

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**Jan Dixon:**

What is your hobby? Have you heard that will question when you got scholars? We believe that that question was given by teacher with their students. Many kinds of hobby, All people has different hobby. And you know that little person similar to reading or as studying become their hobby. You need to know that reading is very important and also book as to be the issue. Book is important thing to provide you knowledge, except your teacher or lecturer. You will find good news or update regarding something by book. Numerous books that can you choose to use be your object. One of them is Random Kindness Box Set (4 in 1): Your Guide to Feeling Good, Understanding People, Staying Positive and Kind and Being Happy (Loving Beyond & Compassion).

**Carolyn Scott:**

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