



Libro de la Presion Sanguinea: Como Bajarla y Mantenerla (Spanish Edition)

Stephen P. Fortmann, Prudence E. Breitrose

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High blood pressure is twice as common in Latinos as in the general population. This up-to-date and comprehensive resource uses dozens of charts, illustrations, and check-up information to help readers keep tabs on their blood pressure. Included are the latest details on medications, diet, and exercise.

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