



Sleep Medicine Pearls, Second Edition

Richard B. Berry MD

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This second edition by noted sleep medicine authority Richard B. Berry presents 100 cases that review key elements in the evaluation and management of patients with a wide variety of sleep disorders. Sleep disorders are among the most frequent health complaints physicians encounter: one third of adults experience occasional or persistent sleep problems. These disorders become a major health problem when they impair daytime functioning.

- A glossary is provided for sleep and sleep lab terminology The "pearls, " distillations of the key information for each case are always a key feature of books in the Pearls Series® All cases are real clinical cases compiled by the author, not theoretical
- 10 completely new cases have been added
- In addition to the cases, there are 22 sections presenting the Fundamentals of Sleep Medicine which better acquaint readers with the basic elements of sleep medicine
- All first edition cases have been substantially revised and rewritten
- Many new illustrations and sleep tracings have been added
- The glossary has been expanded and updated to reflect latest terminology

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