



Counseling the Older Adult: A Training Manual in Clinical Gerontology

Patricia Alpaugh McDonald, Margaret Haney

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An invaluable, step-by-step guide for understanding the basic problems and concerns of the growing population of adults over the age of 65. Based on years of clinical research and testing, this book provides a thorough review of critical information on older adults, the aging process, and mental health issues.

Organized into a useful workbook format, the book is filled with brief lectures, quizzes, exercises, and sample forms. These training materials are designed to help counselors build the interpersonal skills needed to provide aid and comfort for senior citizens requiring psychological services.

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