



Awakening Kundalini: The Path to Radical Freedom

Lawrence Edwards PhD.

Download now

[Click here](#) if your download doesn't start automatically

Awakening Kundalini: The Path to Radical Freedom

Lawrence Edwards PhD.

Awakening Kundalini: The Path to Radical Freedom Lawrence Edwards PhD.

Discover a Potent, Creative Force for Spiritual Transformation

Kundalini is the power of divine within that compels us to evolve and grow-identified by cultures and traditions all over the world as a key to the most profoundly transformative experiences we can have. With its ability to connect us to the energy of creation and elevate us to a higher state of consciousness, Kundalini awakening is crucial to the deepening of our spiritual evolution. But the deep spiritual unfolding that Kundalini offers can also be confusing and difficult to grasp-so how can we approach this universal power with preparation and wisdom?

An Essential Guide for Navigating the Kundalini Experience

In *Awakening Kundalini*, Dr. Lawrence Edwards, who has devoted his life to understanding and teaching about Kundalini, presents an essential guide to harnessing this boundless energy. In six in-depth sessions, he offers a comprehensive exploration from the physical, psychological, and spiritual perspectives, with insights and practices for recognizing what Kundalini is, how it manifests, and when your body and mind are ready to initiate an awakening of consciousness. "You are born with Kundalini," says Dr. Edwards. "You just need the right conditions to unfold it." Through seven hours of teachings, learn how to open to the freedom of awakening while avoiding the pitfalls, misunderstandings, and projections that are so often a part of the spiritual journey.

"Kundalini reveals the divine nature of the entire universe and every being within it-and shows us our true capacity for limitless compassion, connection, and love," Dr. Edwards teaches. Join him to discover how to tap into this profoundly transformative force, and through *Awakening Kundalini*, realize your ability to live "radically free."

Highlights

- The soul's yearning for transcendence and freedom
- The three upayas (means) that support Kundalini ascent
- Cultivating "witness consciousness"-the ability to watch without judgment whatever arises and dissolves in our lives
- Using the vibrational power of mantra to unfold Kundalini energy
- The importance of discernment and healthy boundaries when it comes to spiritual practice
- The unlimited ways in which shaktipat, the descent of grace, can reveal our true nature
- The body's chakra system and its role in Kundalini awakening
- Our shadow sides, and how Kundalini can illuminate the darkness that hides our talents and lures our ego-mind
- Telling the difference between sat (what is true) and asat (what is not true)

 [Download Awakening Kundalini: The Path to Radical Freedom ...pdf](#)

 [Read Online Awakening Kundalini: The Path to Radical Freedom ...pdf](#)

Download and Read Free Online Awakening Kundalini: The Path to Radical Freedom Lawrence Edwards PhD.

From reader reviews:

Phyllis Peters:

Why don't make it to become your habit? Right now, try to ready your time to do the important behave, like looking for your favorite e-book and reading a book. Beside you can solve your condition; you can add your knowledge by the e-book entitled Awakening Kundalini: The Path to Radical Freedom. Try to stumble through book Awakening Kundalini: The Path to Radical Freedom as your buddy. It means that it can to become your friend when you experience alone and beside that course make you smarter than before. Yeah, it is very fortunated for yourself. The book makes you considerably more confidence because you can know everything by the book. So , we should make new experience in addition to knowledge with this book.

James Edwards:

With other case, little people like to read book Awakening Kundalini: The Path to Radical Freedom. You can choose the best book if you'd prefer reading a book. As long as we know about how is important some sort of book Awakening Kundalini: The Path to Radical Freedom. You can add understanding and of course you can around the world by way of a book. Absolutely right, simply because from book you can understand everything! From your country till foreign or abroad you will find yourself known. About simple issue until wonderful thing you can know that. In this era, we can easily open a book as well as searching by internet product. It is called e-book. You can use it when you feel fed up to go to the library. Let's study.

Jonathan Thurman:

The actual book Awakening Kundalini: The Path to Radical Freedom will bring someone to the new experience of reading some sort of book. The author style to spell out the idea is very unique. In the event you try to find new book to read, this book very suitable to you. The book Awakening Kundalini: The Path to Radical Freedom is much recommended to you to study. You can also get the e-book in the official web site, so you can more readily to read the book.

Jennifer Stephens:

People live in this new day of lifestyle always try to and must have the extra time or they will get great deal of stress from both day to day life and work. So , if we ask do people have time, we will say absolutely indeed. People is human not a robot. Then we inquire again, what kind of activity do you have when the spare time coming to you of course your answer will probably unlimited right. Then ever try this one, reading guides. It can be your alternative throughout spending your spare time, typically the book you have read is usually Awakening Kundalini: The Path to Radical Freedom.

**Download and Read Online Awakening Kundalini: The Path to
Radical Freedom Lawrence Edwards PhD. #SEAI0ZFD7YL**

Read Awakening Kundalini: The Path to Radical Freedom by Lawrence Edwards PhD. for online ebook

Awakening Kundalini: The Path to Radical Freedom by Lawrence Edwards PhD. Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Awakening Kundalini: The Path to Radical Freedom by Lawrence Edwards PhD. books to read online.

Online Awakening Kundalini: The Path to Radical Freedom by Lawrence Edwards PhD. ebook PDF download

Awakening Kundalini: The Path to Radical Freedom by Lawrence Edwards PhD. Doc

Awakening Kundalini: The Path to Radical Freedom by Lawrence Edwards PhD. Mobipocket

Awakening Kundalini: The Path to Radical Freedom by Lawrence Edwards PhD. EPub